President’s Message

Dear Novi Oaks Chapter Sisters:

It is truly hard to believe that July is the end of our current ABWA and Novi Oaks’ Year! If you attended our July 10th special event, called “The Night of the Stars,” then you heard me say something similar to this month’s President’s Message. I mainly want to say that I have enjoyed being the President of the Novi Oaks Charter Chapter this past year, and it is truly an honor to be nominated as a Top Ten Candidate.

I have really learned a lot about ABWA, our chapter, the dynamic women we have all working together, and about myself. I learned what I could have improved on, and I heard many times what I made mistakes on. But for me, it was much more important to always be myself and learn to embrace challenges.

Some advice for anyone in a leadership position or on the ABWA board: Quickly brush off the criticism and just keep doing your best. Someone will always find fault in something you do. You cannot know everything. You cannot make everyone happy. The other piece of advice: Make sure you have a good computer and printer! This was not something I had as a resource.

We have accomplished so much together. We truly have made a difference in many women’s lives. We have helped two scholarship winners, gained seven new league members, had ten guest speakers, and helped raise money for SBMEF and Dress for Success. We are also on track to earn our Level 3 Best Practices award. I could not have been successful without you all. Thank you for an amazing year!

Krista Spraga Spencer
2018-2019 Chapter President

Vice President’s Message

Isn’t nice to see the sunshine? Happy Summer to all!! This month marks the ending of our ABWA chapter year and the start of a new one. Welcome to the new board! Thanks to all who have served with me in my past two years as Chapter Vice President. I gained practical, personal, and professional skills from the experience. If you are ever in doubt about accepting a leadership position, I recommend you take the leap! There is always a valuable lesson learned in every experience.

I recently hung this affirmation on my refrigerator to remind myself everyday:

“Read this: Nothing changes, if nothing changes. Think about it.”

ABWA is a different experience for each of us and is evolving. Just as the sun makes its way around the earth and participates in the bountiful harvest at this time of year, so can the bright sun in each of us find a way to create and grow our individual and collective ABWA experience. I encourage everyone to look inward, find your own internal Sun, and use it to help add to what ABWA is all about! Women supporting Women!

Karen Wernette Kolc
2018-2019 Chapter Vice President
Inside Novi Oaks

Bring in your Women In Business magazines!

If you do not keep your W.I.B. magazines, don’t throw them out! We could use them to give to our guests. Please give them to our Membership Chair, Chris Struwe.

2019 EMC Events

September 14 – Hosted by Maia in Ann Arbor - TBD

December 14 – Hosted by Cass River in Frankenmuth

Set Aside the Date!

The National Women’s Leadership Conference will be held at the Harrah’s Casino & Hotel in Kansas City, MO, on October 2-5, 2019.

*Novi Oaks reimburses the registration fee for its members who attend national conferences.

Visit the Eastern Michigan Council website at www.abwa-emc.org to register for EMC meetings.

Novi Oaks’ Night of the Stars – July 10, 2019

On Wednesday, July 10th, Novi Oaks held its “Night of the Stars” – a festive evening to honor our members’ “Shining Stars” – the people who have supported us in our personal and professional lives. We were all very happy to be meeting at the beautiful, newly built Holiday Inn at Laurel Park, and enjoyed the wonderful food and great service.

Once again, our own Kathy Crawford did a fabulous job of speaking and serving as M.C. for our special night. She had us all laughing with her hilarious reflections on her current challenges and advice she would give to others for living a full life. As Novi’s District 38 Michigan State Representative, Kathy certainly sets the bar for taking action.

Kathy helped us go around the room and greet members, who introduced their “Shining Stars,” who received framed certificates. Fourteen stars were honored.

We were all very excited to meet our two $2,000 Impact Scholarship recipients, who received certificates AND their actual scholarship checks for $2,000. Pictured below are Karen Wernette Kolc, Chapter VP and Education / Professional Development Chair, Kathy Tenjeras (mother of Joy), recipient Joy Tenjeras, recipient Rosemarie Burns Pavlik, Becky Burns (mother of Rosemarie), and Krista Spencer, Chapter President and Education committee member.

Members of the chapter were also recognized for their contributions to the chapter over this past 2018-2019 ABWA year, which ends on July 31, 2019. President Krista Spencer presented Protégé and special awards to members. Treasurer Chris Struwe presented certificates to members for their contributions to the 2018 Autumn Brunch With Auction.

District V Vice President Marilyn Lash (pictured below left) used a dragonfly-inspired installation script to install the 2019-2020 board, who take office on August 1, 2019. President Krista Spencer and Vice President Karen Wernette Kolc were recognized for their service. Both received a bracelet and Krista received a $50 ABWA gift certificate. Pictured below are Marcia Green, President, Karen Rea, Vice President, Mary Gantt, Secretary, and Chris Struwe, Treasurer.
July 13th event to honor District V Vice President Marilyn Lash

The Eastern Michigan Council (EMC) and the Cardinal Crossroads Council sponsored the July 12th evening Meet and Greet and July 13th event to honor our District V Vice President, Marilyn Lash at Weber’s Inn in Ann Arbor. Marilyn is also an approved candidate for National Vice President.

There were 87 people in attendance on Saturday, including Marilyn’s family and four of the members of Marilyn’s National Board of Directors (pictured at right).

The day began with a full breakfast buffet. For the morning session led by Kelle Hruska and Shirley New, each table of eight to nine people brainstormed on different ABWA topics, including Best Practices, member retention, chapter growth, fundraising, and more.

After a delicious lunch, Marilyn’s niece, Pamela Codd of the Tipac on Charter Chapter in Auburn Hills, presented a fun “Marilyn in ABWA Land” virtual book about Marilyn’s 47 years in ABWA. Marilyn then spoke to the entire group.

Novi Oaks member, Chris Struwe, worked on the DVP event committee, and she and our chapter members donated Silent auction items and gift cards to the EMC to help raise money for future EMC events and projects.

Novi Oaks members who attended the DVP Event: Marcia Green, Chris Struwe, Peggy Aniol, Sheri Mayer, Valerie Gilbert (daughter of Krista), and Krista Spencer.

Novi Oaks reimbursed its members $20 (out of $40) for attending this event.

Next year’s event will be held on the second Saturday of July – so plan ahead!
Novi Oaks’ Autumn Brunch With Auction is two months away!

The auction will be held at the Four Points Hotel by Sheraton (NW of I-96 and Novi Road) on Saturday, September 21, from 11:00 a.m. to 2:00 p.m. As always, we will have a delicious breakfast buffet and Mimosas! We also accept credit cards!

**How can you help?**

**REGISTER EARLY!** Tickets are available with an **early bird discount price of $30 until September 11, and $37 after that date (online add a $2 processing fee).** Members – please get your reservations in as soon as possible. You may give them or mail them to Chris Struwe and save the $2 online fee.

**Can you host a table for ten?** It involves decorating in a theme of your choice. (You don’t need to sell all ten tickets.) Let Chris Struwe know your theme.

**Please pass the auction flier on to friends and invite guests.** The sooner people sign up, the better. Our final count is due to the hotel one week prior to the event. We make individualized books with assigned numbers and name tags, and we print everything the Tuesday prior to the event. PLEASE – no late registrations!

**Get donations.** We still need new items and certificates and gift cards for the live and silent auctions.

**Help setting up auction items on Friday night and Saturday morning.** If you know any teens, they may earn community service hours.

**Work the day of the auction (friends are welcome to do this, too)!.** On the day of the auction, all members are asked to help with the following:

- **Arrive early** (8:00 to 9:00 a.m.) to finish any set-up details. Coffee will be provided.
- **Greet attendees** and help them find their tables.
- **Help monitor sections of the silent auction** and make sure no more bids are made once the sections are closed.
- **Close out sections of the silent auction,** which may involve taking certificates and gift cards out of frames.
- **Deliver items to winning bidders** during the delivery breaks.
- **Help auction off our Live Auction items.** If you would like to help with this, please let Marcia Green know.
- **Help show the live auction items as bidding is going on.**
- **Help spot bidders** during the live auction.
- **Clean up.**

Questions? Contact Chris or Sheri.

Chris Struwe and Sheri Mayer
2019 Auction Co-Chairs

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4-Part Speaker Series for Fall: **Finding Total Life Balance**

**Wednesday, September 11:** Well-known speaker and counselor, Donna Marie (top left), will present, “Simple Tools to Manage Stress: Moving From Chaos to Calm.” For more about Donna, visit her website at www.DealWithStressToday.com.

**Wednesday, October 9:** Author and Coach Vickie Gould (top right) will present, “Saying Yes to You and Leaving the Guilt Behind.” For more about Vickie, visit her website at www.vickiegould.com.

**Wednesday, November 13:** Celebrity Nutritionist and Author Zonya Foco (lower left) will present, “Eat to Succeed!” For more information about Zonya, visit zonya.com.

**Wednesday, December 11:** Joy Coach Robin Shear (lower right) will present, “Secret to Success: Finding Your Joy in the Unexpected!” For more about Robin, visit her website at JoytotheWorldCoaching.com.

*Full fliers for these events are attached to this newsletter.*
Inside Novi Oaks

NOVI OAKS CHARTER CHAPTER – 2ND Wednesday of each month
New meeting location as of July 10! Holiday Inn Livonia! New price of $22 via mail or $23 online using PayPal or credit card.

Wednesday, August 14, 2019, 6:00 p.m.
Resumes, Interviews, and How to Be Heard: ABWA’s Apex Campus! Learn how to use the Apex Campus to enhance your personal and professional skills. Important new ABWA year votes will take place at this meeting, so you won’t want to miss it.

4-Part Series: Finding Total Life Balance: All meetings start at 6:00 p.m.
Wednesday, September 11: Well-known speaker and counselor, Donna Marie (www.DealWithStressToday.com), will present, “Simple Tools to Manage Stress: Moving From Chaos to Calm.”
Wednesday, October 9: Author and Coach Vickie Gould (www.vickiegould.com) will present, “Saying Yes to You and Leaving the Guilt Behind.”
Wednesday, November 13: Celebrity Nutritionist and Author Zonya Foco (Zonya.com) will present, “Eat to Succeed!”
Wednesday, December 11: Personal Coach Robin Shear will present, “Secret to Success: Finding Your Joy!”

Please pay $23 online via PayPal or credit card at www.novi-abwa.org or mail your check for $22 made payable to ABWA to 1748 Beechmont, Keego Harbor, MI 48320 no later than one week prior to a meeting. Members, please send an e-mail to Chris Struwe at cbstruweABWA87@gmail.com if you will NOT be attending a meeting.

EASTERN MICHIGAN COUNCIL
September 14, 2019: The Maia Chapter in Ann Arbor will host this meeting – details to follow. Election of the 2020 board will take place. Regular meetings feature networking at 9:00 a.m.; Breakfast meeting at 9:30 a.m. Visit www.abwa-emc.org to register! Deadline is two weeks before any event.

The luncheon to honor the District V Vice President is held each year on the 2nd Saturday of July.

Help ABWA celebrate 70 years!

Plan on attending the National Women’s Leadership Conference at the Harrah’s Casino and Hotel in Kansas City, Missouri, on October 2-5, 2019! Novi Oaks will reimburse $600 to its members who attend.
ABWA’s Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women’s Association.

2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA’s mission.

3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.

4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.

5. Members will not use their personal power to advance their personal interests.

6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.
The Novi Oaks Charter Chapter of
The American Business Women’s Association
Presents its Fifteenth Annual

AUTUMN BRUNCH WITH AUCTION

Saturday, September 21, 2019 – 11:00 a.m. to 2:00 p.m.

Silent Auction AND Live Auction

$30 per person – Registration deadline September 11, 2019
at the Sheraton Four Points Hotel – 27000 Karevich Drive, Novi (west of Novi Road, north of I-96)

Cost per person is $37 after September 11, 2019 – SPACE IS LIMITED

For $2 extra, you may register online with PayPal – www.novi-abwa.org

VISA and MasterCard will be accepted at the auction!!

All proceeds benefit the Novi Oaks Charter Chapter’s Education and Scholarship Fund


Questions? Contact Marcia Green at 248-330-6315 or mgreenABWA@gmail.com.

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Friend or Guest of this ABWA member (for seat assignment planning):

AMOUNT ENCLOSED ($30 per person): __________________________

RESERVE NO LATER THAN SEPTEMBER 11, 2019 – If the deadline is close, call Chris Struve at 586-306-1826.

Mail your form and check made payable to ABWA to Christina Struve, 1748 Beechmont, Keego Harbor, MI 48320

SPECIAL REQUEST: I would like to host and decorate one of the tables for 10 in the following theme of my choice:

If hosting, your form must be received no later than August 1.
The Novi Oaks Charter Chapter of
The American Business Women’s Association

Resumes, Interviews, and How to be Heard: ABWA’s APEX Campus!

Use ABWA’s online Apex Campus courses to enhance your career and your life.

The Apex Campus offers the Job Suite with four courses: Resumes That Get Interviews, Interviews That Get Results, The Joy of Jumping In, and First Days Off the Job. The “How to be Heard” four-part series features negotiation (including salaries), brainstorming ideas, the power of influence, and the power of stories in your presentations and proposals. The Apex Campus also includes GEMBA Academy’s Lean Manufacturing and Six Sigma.

Wednesday, August 14, 2019
6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)
The Holiday Inn Detroit Northwest - Livonia
17123 N. Laurel Park Drive - Livonia, Michigan 49229 (near 6 MI & I-275)
Visit www.novi-abwa.org to register online - $23

PAID RESERVATION DEADLINE IS ONE WEEK PRIOR TO EACH MEETING
The American Business Women’s Association welcomes all women and men as members. www.abwa.org.
Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Upcoming 4-Part Series: Finding Total Life Balance

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm
Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind
Presented by Vickie Gould, Author, Book Coach

November 13: Eat REAL Food to Succeed
Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected
Presented by Robin Shear, Life Coach

Novi Oaks Charter Chapter
Inside Novi Oaks

The Novi Oaks Charter Chapter of
The American Business Women’s Association

Simple Tools to Manage Stress: Moving From Chaos to Calm

This interactive session discusses the impact of stress and its effects on your body, mind, and spirit. Learn proven methods to manage your outlook, mood, and move toward inner happiness. Inner happiness characteristics have shown to make work and life hold more meaning. To curb reactions of daily pressures, you will learn how and when these stress reduction methods are best used and what results can be expected (www.DealWithStressToday.com).

Donna Marie, MA, a consultant, counselor, and champion of stress reduction techniques, holds a master’s degree in clinical psychology. Her education and wisdom gained while working through her own challenging life experiences have honed her into an insightful and witty speaker, facilitator, and practical advisor in the fields of stress reduction, mindfulness, grief, and public speaking fears.

Wednesday, September 11, 2019
6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)
The Holiday Inn Detroit Northwest - Livonia
17123 N. Laurel Park Drive - Livonia, Michigan 49229 (near 6 MI & I-275)
Visit www.novi-abwa.org to register online - $23

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Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Part 1 of a 4-Part Series: Finding Total Life Balance

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm
Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind
Presented by Vickie Gould, Author, Book Coach

November 13: Eat to Succeed!
Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected
Presented by Robin Shear, Life Coach
The Novi Oaks Charter Chapter of
The American Business Women’s Association

Saying Yes to You and Leaving the Guilt Behind

Vickie Gould is a book coach and content marketing strategist. Using her signature holistic strategy and her storytelling superpowers, she helps her clients write best-selling books that share their stories impactfully, grow their reach worldwide, and turn readers into clients while they sleep.

Vickie is the author of 10 international best-selling books like Easy Writer and Standing in the Gap, and has also helped nearly 100 others become worldwide best-selling authors. She has been featured in Entrepreneur, Tedx UofM, HuffPost, Thrive Global, YFS Magazine, and seen on ABC, NBC, CBS and FOX. She has also been on numerous podcasts and previously published an online magazine. Learn more at www.amazon.com or www.vickiegould.com.

Wednesday, October 9, 2019
6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)
The Holiday Inn Detroit Northwest - Livonia
17123 N. Laurel Park Drive - Livonia, Michigan 49229 (near 6 MI & I-275)
Visit www.novi-abwa.org to register online - $23

PAID RESERVATION DEADLINE IS ONE WEEK PRIOR TO EACH MEETING
The American Business Women’s Association welcomes all women and men as members www.abwa.org.
Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Part 2 of a 4-Part Series: Finding Total Life Balance

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm
Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind
Presented by Vickie Gould, Author, Book Coach

November 13: Eat REAL Food to Succeed
Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected
Presented by Robin Shear, Life Coach
The Novi Oaks Charter Chapter of
The American Business Women’s Association

Eat to Succeed!
Celebrity nutritionist Zonya Foco, RDN is one of the most exciting, inspiring, vital and unforgettable speakers in America. She makes nutrition and fitness fun and life-changing for everyone!

Learn about Zonya at Zonya.com!

Wednesday, November 13, 2019
6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)
The Holiday Inn Detroit Northwest - Livonia
17123 N. Laurel Park Drive - Livonia, Michigan 49229 (near 6 Mi & I-275)
Visit www.novi-abwa.org to register online - $23

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Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Part 3 of a 4-Part Series: Finding Total Life Balance

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm
Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind
Presented by Vickie Gould, Author, Book Coach

November 13: Eat to Succeed!
Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected
Presented by Robin Shear, Life Coach

Novi Oaks Charter Chapter
The Novi Oaks Charter Chapter of
The American Business Women’s Association

Secret to Success: Finding Your Joy

Have you ever looked at a photo and thought, “Of course she’s smiling, she has a perfect life”? It’s natural to associate joy with the absence of problems. It’s expected that we will feel happy when all is right with the world… when our loved ones are doing well, we have found success, or our skinny jeans fit just right: YAY! But what about when life isn’t perfect… when winter seems to last forever, construction brings traffic to a screeching halt, or the checkout lines go to the back of the store two weeks before the holidays? Where is happiness then?

Is it possible to find joy in the unexpected, when the circumstances pretty much stink? In this presentation, learn the difference between happiness and joy and allow your new-found knowledge to change the way you do life.

Robin Shear owns Joy To The World Coaching, through which she provides joy coaching to individuals online and joy-boosting presentations to groups in person. She is a Certified Professional Coach and a member of the International Coaching Federation. Because Robin believes joy is contagious, her mission is to connect with others, aid them in thinking optimistically, help them define joy and incorporate it into their lives, and encourage them to share their joy with the world. She is a member of ABWA’s Maia Chapter and lives in the beautiful Irish Hills of Michigan. Learn more at joytotheworldcoaching.com.

Wednesday, December 11, 2019
6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)
The Holiday Inn Detroit Northwest - Livonia
17123 N. Laurel Park Drive - Livonia, Michigan 49229 (near 6 Mi & I-275)
Visit www.novi-abwa.org to register online - $23

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Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Part 4 of a 4-Part Series: Finding Total Life Balance

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm
Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind
Presented by Vickie Gould, Author, Book Coach

November 13: Eat to Succeed!
Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected
Presented by Robin Shear, Life Coach