

The Novi Oaks Charter Chapter of The American Business Women's Association



Secret to Success: *Finding Your Joy*

Have you ever looked at a photo and thought, "Of course she's smiling, she has a perfect life"? It's natural to associate joy with the absence of problems. It's expected that we will feel happy when all is right with the world... when our loved ones are doing well, we have found success, or our skinny jeans fit just right: YAY! But what about when life isn't perfect... when winter seems to last forever, construction brings traffic to a screeching halt, or the checkout lines go to the back of the store two weeks before the holidays? Where is happiness then?

Is it possible to find joy in the unexpected, when the circumstances pretty much stink? In this presentation, learn the difference between happiness and joy and allow your new-found knowledge to change the way you do life.

Robin Shear owns Joy To The World Coaching, through which she provides joy coaching to individuals online and joy-boosting presentations to groups in person. She is a Certified Professional Coach and a member of the International Coaching Federation. Because Robin believes joy is contagious, her mission is to connect with others, aid them in thinking optimistically, help them define joy and incorporate it into their lives, and encourage them to share their joy with the world. She is a member of ABWA's Maia Chapter and lives in the beautiful Irish Hills of Michigan. Learn more at joytotheworldcoaching.com.

Wednesday, December 11, 2019

6:00 p.m. Networking - 6:30 p.m. Meeting/Program (includes dinner)

The Holiday Inn Detroit Northwest - Livonia

17123 N. Laurel Park Drive - Livonia, Michigan 48152 (near 6 MI & I-275)

Visit www.novi-abwa.org to register online - \$23

PAID RESERVATION DEADLINE IS ONE WEEK PRIOR TO EACH MEETING

The American Business Women's Association welcomes all women and men as members. www.abwa.org.

Questions? E-mail Chapter President Marcia Green at NoviOaksABWA@gmail.com

Part 4 of a 4-Part Series: *Finding Total Life Balance*

September 11: Simple Tools to Manage Stress: Moving from Chaos to Calm

Presented by Donna Marie, MA, Counselor

October 9: Saying Yes to You and Leaving the Guilt Behind

Presented by Vickie Gould, Author, Book Coach

November 13: Eat to Succeed!

Presented by Zonya Foco, RDN, Author

December 11: Secret to Success: Finding Your Joy in the Unexpected

Presented by Robin Shear, Life Coach



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